

Maine Trail Riders Association, Inc.

June 2016

www.mainetrailriders.com

Volume 22.06



Officers:

Trudy Bickford, President
Riley Morse, Vice-President
Cathy Small, Treasurer
Michelle Morris, Secretary

Board of Directors:

Donna Tripp – 2018
Julie Anderson - 2018
Cathy Small – 2018

Nancy Weeks – 2017
Sandy Craig – 2017
Sally Labree - 2017

Riley Morse – 2016
Melissa Bourgoïn – 2016
Nora MacDonald – 2016

HOOFBEATS

Official Newsletter of The M T R A

THE NEXT MEETING IS
JUNE 11, 2016

President's Stall

Our first ride of the season took place in Newport, on May 22. Although the prediction for the weather was for clouds and possibly some scattered showers, it turned out to be a beautiful and sunny spring day! Add to that, there were no bugs, and this made for a perfect day to be riding! Thirteen horses and riders took off from the new trail head parking in Newport, and rode to Barb's Village Restaurant in Corinna. Thank you Marianne for hosting this fun ride!

On Saturday, June 4, we rode out from the railroad bed in Jay, to Steve's Market in Dryden. It was another great day for riding. We had nine horse and riders sharing in the fun time.

On June 11 we will have a potluck supper at 6:00PM, followed by our monthly membership meeting. We will be open to suggestions from the floor on ways to make trail rides fun and how we can make our club strong and fun. We can have a campfire after the meeting if anyone wishes to hang around and chat.

Your HELP is needed! We are looking for someone to manage the Topsham Fair Horse Show on August 7! Past managers are available to advise, you do not need to have any previous show manager experience.

We will also be looking for volunteers for a food booth on July 2 & 3, at Silver Spur in Sidney. The event is called the Haylee Lyn Cummings Memorial Race.

See you at the meetings and on the trails!

Trudy.

Our Next Meeting:
June 11, 2016

Notice to Members



**Spring Ride from the club -house
June 11 & 12
and
POTLUCK SUPPER
Saturday, June 11
6PM at the MTRA Club House**



Trivia Fun!

Do horses have gallbladders? Yes or No



"We need to look at your gallbladder. Just a second while I bring it up on Google Earth."

Ride Information

Contact the trail secretary, Cathy Small, to sponsor a ride:

Email: Cathy@MaineTrailRiders.com

Phone: 207-582-2093

June ride information

June 11 & 12 – Spring Ride from the MTRA Club house in Litchfield:

Join us for a day or the entire weekend, campsites are available.

The rides on each day will start at 10:00AM.

There will be a potluck supper on Saturday night, starting at 6:00.

The club's physical address is 6 Tutt Lane, Litchfield, ME. Just in case you want to use a GPS to find us.

For more information, contact Dana Lara at 207-353-4901.



June 25 – Vienna Mountain Ride Sponsored by Julie Anderson:

This ride starts at 10am. This ride is not difficult, but it is a continual climb up the partially tarred road to the top, where the blueberry fields are. Lunch will be on the trail.

Parking will be to the right of the Grange Hall on Route 41.

Directions:

From Manchester take Route 17 north 9.6 miles to Kents Hill. Bear right onto Route 41. Continue into Mt. Vernon village and follow route 41. In another couple miles the Grange hall will be on your left.

For more information, contact Julie Anderson at 207-446-1604.



July ride information

July 8-10 – Vienna Ride sponsored by Julie Anderson:

Camping is on the upper field next to my parent's driveway or in the lower field next to their house. I will be there starting Friday morning if anyone wants to start camping early. There is plenty of parking as well as plenty of space for temporary pastures. Please toss manure into the woods or spread it. For those with dogs, they are welcome.

Friday's ride will start at 5pm. It will be a short 3 hour ride on back country roads & discontinued dirt roads.

Saturday's ride will start at 9:30am. Lunch will be on the trail so bring your lunch, halter & lead rope. This ride will be approx. 4 1/2-5 hours.

After the ride, those that would like to swim are welcome to join me at a friend's camp on Parker Pond. The water is wonderful there.

Potluck supper around 6:30pm-ish or when we feel like getting out of the water.

Hopefully it won't be too dry for a bonfire.

Sunday's ride starts at 10am. This ride will be around

4 hours with lunch on the trail.

Directions:

From Manchester take 17 north 9.6 miles to Kents Hill.

Bear right on route 41. Go 7.1 miles, turn left onto Seavey Corner Rd. My parents: Ray & Gay Anderson are 4 miles on the right.

Need more information? Please call Julie Anderson at 207-446-1604.



July 30 – Anson Abenaki Ride Sponsored by Laurie Hutchinson:

This ride starts at 10am. There will be a meet and greet with coffee and donuts from 9:00-9:30.

This ride will go through woods and fields. There is a stream to cross, and the horses can get a drink. We are riding to a river viewing area that was in 1772 the Abenaki Territory, and became in 1809 Somerset County. This is where the Sandy River pours into the Kennebec River. The majestic eagle has there in the tall pines, it could be a "kodak" moment!

Option: Come Friday camp out, with a pot luck supper.

Directions: For GPS, use 26 Hill Top Road, Anson, ME

For More information, please contact Marianne Cogswell at 437-5844 as she is helping our new member Laurie to coordinate this ride.

Upcoming Events

Please note: the event calendar will be posted at the clubhouse prior to all meetings. The calendar will not be read at the meetings. Club meetings are at 7:30 P.M. unless posted otherwise.

[Jun 11 - Club meeting, at the MTRA club house](#)

Jun 11-12 - **Spring Ride at MTRA club house (Dana Lary 207-353-4901)

Jun 25 - **Vienna Mt Ride in Mt Vernon (Julie Anderson 207-446-1604)

Jul 2-3 – Food Booth at Haylee Lyn Cummings Memorial Race (held at Silver Spur in Sidney)

Jul 9-10 - **Vienna Ride (Julie Anderson 207-446-1604)

Jul 16-17 – **Shirley Ride (Brenda & Dana Lary 207-353-4901)

[Jul 23 - Club meeting, at the MTRA club house](#)

Jul 30 - **Anson Abneki Ride (Laurie Hutchinson 207-437-5844)

Aug 7 – Topsham Fair Horse Show

Aug 13 – **West Gardiner Ride (Cathy Small 207-582-2093)

Aug 13 - Club meeting, at the MTRA club house

Aug 14 - **Lisbon Ride (Sally Labree 207-933-9163)

Aug 20-21 – **Bowdoin Ride (Brenda & Dana Lary 207-353-4901)

Sep 9-11 – Litchfield Fair Food Booth

Sep 11-18 – Andover Week of Camping (Walt Williams 207-293-3068)

Sep 12 - **Andover Ride (Walt Williams 207-293-3068)

Sep 17 - Club meeting, at the MTRA club house

Sep 17-18 - **Fall Ride at MTRA club house

Oct 1-2 - **Parkman Ride (Donna Tripp 207-582-5532)

Oct 10 - **Mt. Vernon Columbus Day Ride (Walt Williams 207-293-3068)

Nov 5 - Club meeting, at the MTRA club house

Dec 10 - Club meeting, at the MTRA club house

General Membership Meeting Minutes

Submitted by Michelle Morris

MTRA General Membership Meeting – May 14, 2016

Called to order at 7:34pm by President Trudy Bickford at the Maine Trail Rider's Clubhouse.

There was no secretary's report available to be read. Report was motioned to be passed unread by Julie Anderson, and seconded by Donna Trip. Motion was passed unanimously with no opposition.

Treasurer's report was passed out. No changes were made to report. It was reported that the audit we discussed from the general membership meeting on February 15th was completed by Sally Labree & Nora MacDonald with no changes or errors found in the reports we had on hand.

Board of Directors meeting that was held on April 21st, main topic was to discuss the open secretary's position, it was voted to have Michelle Morris take over the open Secretary's position. Junior program was discussed, and there was a meeting scheduled to discuss further for more in depth discussion on 5-17-2016 at 7:00pm.

Committees: Dana Larry held a meeting at his home on 4-19-2016, (minutes were not available) and ideas were discussed for obtaining more interest for sponsored trail rides. Suggestions were overviewed from prior general membership meetings. President, Trudy brought up that sponsored gifts were supposed to be completed last Friday, but was updated on progress and it was found that they were not yet completed but would be ready to distribute in time for our next sponsored trail ride. There was an update to our upcoming ride's schedule: Vienna Mountain ride is June 25th, & Vienna ride (to be held at Julie Anderson's parents' home.) is July- 8th, 9th, 10th of July. These dates did not make it into the Hoofbeats. Julie added she was unsure of how many hours she had on Echo & would like to add something to her plaque to show completion of rides on her past away riding partner.

Horse Show Committee: It was mentioned that we are seeking volunteers for the Topsham Fair Horse Show which is scheduled for 8-7-2016, this meeting will be towards the purpose of putting together class list.

Publicity: No report

Building and Land: No report

Fundraising: Our income raised from apparel sales were \$90.00, Food Booth brought in \$654.25 which brought the total income from current fundraising to \$734.25.

Food: No report

Parade: No report

Hospitality: Cards were sent to Rob Bourgoin for his recent surgery, and to Carl who was recently hospitalized.

Juniors: There were no Junior members present at the meeting, however Cathy Small did receive a note from Brynn asking to request money for the purpose of paying for a teeth float \$50 and requested to be able to purchase new clippers. Lauren also submitted receipts for bell boots for \$14.99, saddle pad \$199.99, and a teeth float for \$50.

Correspondence: Cathy received membership renewal app from Maine Farm Bureau went from

\$75 to \$79. Motion made by Donna Tripp, Nora 2nd this motion. Motion was passed unanimously with no opposition.

Old business: Lots of ideas previously shared, board of directors signed in, all here except Melissa Bourgoin, Riley Morse, & Nancy Weeks.

New Business: Ads in Hoofbeats will be pulled from all upcoming issues unless someone specifically asks for ads to be kept in publication. Michelle brought up putting a cost to put an ad in Hoofbeats on a yearly OR monthly basis, will bring up in Board of Directors meeting for 5-17-16. It was also discussed to have a “remembrance wall” in the clubhouse-horse shoes with past horse’s names on them. Trudy brought up upcoming general membership meetings for rest of year: 6-11-16, 7-23-16, 8-13-16, Motion was made to change July meeting to the 23rd was made motion by Sandy Craig & 2nd by Donna Tripp. August was stayed as is. September meeting was rescheduled to 9-17-16 meeting & was made motion by Sandy Craig, and 2nd by Julie Anderson. Motion passed with no opposition. Motion was made to cancel the October membership meeting on 10-8-16 by Sandy Craig, and 2nd by Nora. Passed with no opposition. Mount Vernon ride is October 7-10th. Only one day (Monday) is affiliated, open to affiliation by another member, Walt Williams doesn’t want to affiliate all days himself. November meeting motion made to move meeting to 11-5-16 motion made by: Sandy Craig, 2nd by Donna Tripp. Motion passed with no opposed.

Remarks for the Good of the Order: Sandy Craig extended thanks to the volunteers to the 6 volunteers who showed up to help with the food booth. Cathy showed framed photo of Larry Felt to put on wall.

Brag: Julie Anderson brought in her new Springer Spaniel puppy that she has named “Pepper Pots.”

Membership Count: 11 Srs. 0 Jrs. 7 Dogs.

Motion was made by Donna Tripp to adjourn meeting, 2nd motion by Nora. Motion passed.

Respectfully submitted: Michelle Morris, Club Secretary.



Classified Ads

Stitch In Time

Embroidery service available through Rachel Jalbert-Palian. Please call 207-713-1008 for more information.



Boarding & Lessons

Available at Greene-Horse Farm & Livery, Inc.

We are privately owned and operated and offer all our guests a 10 X 12 box stall in a newly built barn. Horses are turned out daily in individual paddocks or herd pasture depending on compatibility.

Board includes: stall, tack cubicle, feed and basic grooming. There is a round pen on site for your use, and miles of trails and dirt roads for your riding pleasure.

We are conveniently located 4 miles off Route 202 in Greene between Lewiston and Augusta.

Also offering beginner lessons and training.

Please call for more information and pricing, (207) 576-2721. References are available upon request.



Boarding available in Litchfield

10x12 stalls, 15 acres of pasture. Includes daily turnout, hay, bedding, basic grooming. Trails available with no road riding.

Located only 1/10th of a mile from the Maine Trail Riders Association clubhouse & riding arena.

Call (207) 446-1604 for pricing or to make an appointment.



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General Information

Website

<http://mainetrailriders.com>

If you have info to submit to the website, please contact Trudy Bickford by phone 207-720-0550 or email trudybickford@mainetrailriders.com.

Hospitality

Please help Cathy by keeping her informed on anything where the club should send out a card or more. She can be contacted via email at:

Cathy@MaineTrailRiders.com

Contact Info for Officers

Trudy Bickford, President

trudybickford@mainetrailriders.com

Phone: 207-720-0550

Riley Morse, Vice President

youngmorse@gmail.com

Phone: 207-841-4016

Michelle Morris, Secretary

Cathy Small, Treasure

Cathy@MaineTrailRiders.com

Editor's Note

The deadline for submissions for the July issue is **June 26**. Send your email address if you would like to receive this newsletter via email. Photos and tips are welcome! Send to:

Trudy Bickford
36 Old Portland Road
Auburn, ME 04240

Email: trudybickford@mainetrailriders.com

Phone: 207-720-0550

This month's pictures:

- Page 1 top right – Newport RR Bed Ride, 5/22/2016. Laura Bachelder and Princess on left, Missy Bourgoin and Ace on right.
- Page 2 middle left – Spring Ride, 6/15/2014. Cathy Small, Carl Fickett, Sally Labree.
- Page 5 top right – Newport RR Bed Ride, 5/22/2016. JoAnn Walker and Kissee.

Trivia Answer

Horses don't have a gallbladder because horses are designed to eat constantly.

We humans, on the other hand, eat few, relatively large meals. Our gallbladder serves as a storage pouch for bile – the emulsifying agent produced by the liver that is needed to start fat digestion. When we eat a large amount of fat at one time, the gallbladder releases bile into the small intestine to aid in digestion.

Horses, on the other hand, are trickle feeders – they are supposed to continuously graze on forage, all day and all night long (virtually all the time, with a few minutes of napping here and there). The small amount of fat that they eat is easily managed by the liver. Therefore, there is no need to store bile in large quantities.